

Child Savings Accounts: A healthy investment

Child savings accounts (CSAs) pave the way to health. CSAs are long-term savings accounts established for children early on in life that grow until they reach adulthood and they offer incentives that can help accumulate savings along the way. CSAs can set kids up for lifelong health and success.

Child savings accounts can...



- Families establish strong connections to mainstream financial institutions¹
- Children are 2x more likely to have their own savings accounts and more savings later in life²

Benefit families

- Moms feel more financially secure and positive about their child's future, and are less likely to be depressed³
- Parents are more likely to see their children as college bound, which has a positive influence on children's expectations of themselves⁴

Support child development

Kids have greater socialemotional health, especially kids in families with lower incomes⁵























Students with savings accounts score higher on standardized math exams than those without savings⁷

performance⁶

- All of this leads to more opportunities to be healthy as adults10
- Less likely to die of cancer or heart disease
- Higher earnings
- Less likely to be unemployed
- Better access to health care and insurance



- Kids are 3x more likely to enroll in college and 4x more likely to graduate⁸
- Black kids are 6x more likely to enroll in college and 4x more likely to graduate9



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¹ Gray et al. (2012); ² Meni (2016); ³ Huang et al. (2014); ⁴ Kim et al. (2015), Meni (2016), Rauscher et al. (2016); 5 Huang et al. (2014); 6 Beal and Crocket (2010), Beverly et al (2013), Elliot et al (2011), Mau (1995), Ou and Reynolds (2008), Oyserman (2013); 7 Elliot et al (2010); 8 Elliot et al (2013); ⁹ Friedline et al (2013); ¹⁰ Buckles et al (2016), VCU Center on Society and Health (2015).